

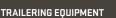


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Your essential daily news | thursday, march 10, 2016

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One charge 14 shooti

INVESTIGATIONS

No suspects in custody after most recent death



Joe Lofaro Metro | Ottawa

A concerning number of shootings, but so far very few arrests.

That's the picture that emerges from newly released data from the Ottawa police.

So far this year, the force has investigated 14 shootings — including one on Tuesday evening that claimed the life of a 20-year-old man — but only a single charge has been laid.

Nooredin Hassan was gunned down in front of Lester B. Pearson Catholic High School just before 6:30 p.m. and police do not yet know if it was a targeted or random shooting.

Although it is still early in the investigation, police have no suspects in custody.

That seems to be a common trend for the police force.

The statistics show that charges have been laid in only one of the 14 shootings. The other 13 remain unsolved.

"The Ottawa police is concerned for the number of shootings throughout Ottawa, some being targeted and some being investigated for the reason behind it," spokesman Const. Chuck Benoit said Wednesday.

The city is averaging a shooting every 4.8 days since the beginning of the year. At that rate, Ottawa will reach the total number of shootings from 2015 and 2014 (46 and 49, respectively) by August.

To see a spike in the winter months is unusual, but Benoit said gun violence tends to fluctuate throughout the year and it's too early to determine if this will be an ongoing trend.

The only shooting this year that has resulted in charges being laid, police say, was the Jan. 15 shooting at 2676 Innes Rd. where a man was shot in the leg while he was asleep in his home.

Benoit said police public input is crucial in solving these crimes and asks anyone with information to come forward.



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METANIEWS

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Google's computer has beaten human Go champion in their first match. **Business**

THINGS TO CATCH AT THE NATIONAL GALLERY

The National Gallery is playing catch-up in 2016 as it announces the lineup it's been working on "for years and years," according to CEO Marc Mayer. From a series of Picasso sketches not seen for 60 years to the world's first retrospective on Marie Antoinette's personal painter, Maher insisted there's something "ravishing and marvellous" on the calendar to suit everyone's taste. **Emma Jackson** METRO



Out of the vaults

Pablo Picasso's paintings are globally recognized, but what about his 100 etchings hiding in the National Gallery's collection? Mayer says the set — called the Vollard Suite of Prints — hasn't been displayed as a whole for nearly 60 years. Beginning April 29, that will change. Until Sept. 5, check out the Spanish master's drawings that explore "the constant tension between man and beast."

DID YOU KNOW?

The gallery's permanent collection is free every Thursday from 5 to 8 p.m., and so is the Nature Museum's.

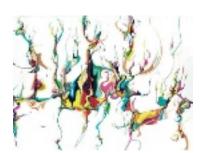
The Canadian Museum of History and the War Museum offer free admission to their permanent exhibits every Thursday from 4 to 8 p.m.

The Canada Agriculture and Food Museum is free daily from 4 to 5 p.m. EMMA JACKSON/METRO



Canadian master

This fall, explore a five-decade retrospective on Alex Janvier, the Dene painter who has "won every award a Canadian artist can win," Mayer said. "For an artist that gifted and that original, who's now in his 80s, it was time for us to do that," Mayer said. The exhibit opens Nov. 25. Until then look for Janvier's famous Morning Star on the ceiling of the Canadian Museum of History.



4 Art capturing life

The gallery will host two exhibits from the Canadian Photography Institute this year. First, 175 photos from the archives of the Globe and Mail — and their illuminating cutlines — will arrive in Ottawa this fall after showing in the Globe's old press hall in Toronto. Then, on Oct. 28, visitors can check out 150 photos from Czech modernist photographer Josef Sudek.



From Versailles

Maybe you haven't heard of Elisabeth Louise Vigée Le Brun, but you probably know her subject: Marie Antoinette, the Queen of France who lost her head in 1793. Vigée Le Brun was the queen's personal portraitist and the "first worldfamous woman painter," Mayer says. She was sought-after, highly paid and important — but until now her work has never travelled as a full retrospective. The National Gallery partnered with the Met in New York and the Grand Palais in Paris to collect the 87-piece exhibit, including her largest piece picturing the Queen and her three children, which will leave the walls of Versailles to travel outside of France for the first time ever.





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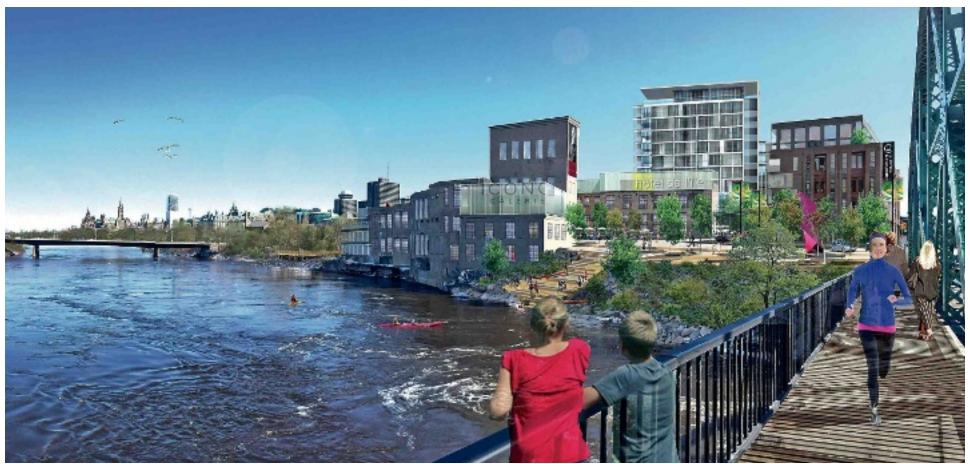
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223 Main Street, Ottawa ON 613-236-1393 | 1-800-637-6859 Saint Paul University is the founding college of the University of Ottawa (1848), with which it has been academically federated since 1965. metr®NEWS Ottawa Thursday, March 10, 2016 3



An artist's rendering of Booth Street looking toward Board Mill, part of the "Zibi" development that will take place in Ottawa. There is a plan for a major new residential and commercial development that will revitalize 37 acres of prime land. COURTESY BUILD GREEN SOLUTIONS/THE CANADIAN PRESS

Architect appeals Zibi ruling

DEVELOPMENT

Appellant says judge ignored Charter rights to religion



Haley Ritchie Metro | Ottawa

Architect Douglas Cardinal continued his fight against Windmill's waterfront Zibi development on Wednesday at the

Ottawa courthouse, asking a judge to reconsider his plea to block construction.

In August 2015, Cardinal and four other appellants asked the Ontario Municipal Board (OMB) to block the development on the grounds that the Chaudière and Albert Islands are sacred to the Algonquin people.

OMB chair Richard Makuch dismissed the argument in November and said Windmill had taken due diligence in consulting indigenous groups.

On Wednesday, lawyer Michael Swinwood argued that the

decision was unfair and asked judge Charles Hackland to consider a request for a new OMB hearing.

The result was more than seven hours of technical legalese as the court tried to determine whether Makuch made any procedural errors in his ruling that would allow for a new hearing.

Swinwood argued that Makuch ignored the argument that the development threatened the Charter rights of the Algonquin appellants. He said the OMB hearing never allowed for a discussion of the islands as a designated

"sacred site" related to rights to freedom of religion.

"How does any member of the OMB know anything about the laws, traditions and customs of the native people if he silences them?" Swinwood asked the court. "The idea that this was properly dealt with is erroneous."

Lawyers representing the City of Ottawa and Windmill defended the ruling, arguing that such broad constitutional questions couldn't be considered by the OMB but belong in a different court.

"The appellants are seeking

relief, which they are entitled to seek, but they're not in front of this court. They're in front of a tribunal that cannot give them what they seek," said city lawyer Ronald Caza.

City lawyer Katie Black emphasized that most of Windmill's holdings are private land and argued that the OMB can't declare the land sacred. She said questions around indigenous rights to land often take decades to resolve.

Hackland said his final decision will be released later in the week.

Windmill cannot begin construction until the appeals process is finished.

Opposition to the project is not universal among Algonquin groups. Pikwakanagan Chief Kirby Whiteduck and the Algonquins of Ontario have praised Windmill's community outreach. Windmill has promised to create jobs for Algonquin trades workers and are undertaking the project with the goal to be as sustainable as possible. The area was once a heavy industrial site and requires serious decontamination.



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Turning pixels into portraiture



Ottawa artist Mark Stephenson is painting 100 portraits of people based on their social media photo galleries for a new series called "Social Portraits." LUCY SCHOLEY/METRO

2 Stephenson's work station includes an easel, an oil paint palette and an iPad with his chosen social media image. Here, he's working on a portrait of "Chris." LUCY SCHOLEY/METRO

A portrait of Stephenson's friend and collaborator, artist Darcy Whyte. COURTESY MARK STEPHENSON

SOCIAL MEDIA

Artist sources from Twitter, **Facebook for** oil paintings



Lucy Scholey Metro | Ottawa

Many social media profiles are carefully curated versions of our best selves — pictures from that perfect wedding day, a backpacking trip, a ski trip with the kids. And, of course, those ubiquitous bathroom mirror selfies.

Now an Ottawa artist is looking to capture those Instagramworthy moments in his new crowdfunded portrait gallery.

Mark Stephenson's goal is to paint 100 oil portraits of online profile pictures for his "Social Portraits" project. So far, he has painted about 18 or 19 people from his inner circle — including a picture of artist Darcy Whyte blowing bubbles, Nuit Blanche co-founder Megan Smith wearing several white hats and "Daniel" grinning under a furry hood.

"I enjoy the stories behind them," Stephenson said, standing in his studio at the Enriched Bread Artists' collective on the second floor of an old bread factory on Gladstone Avenue. "The picture that you choose to put on your Facebook, put on your Twitter, put on your LinkedIn ... you've chosen that photo for a certain reason. It's a little more crafted. You might be projecting yourself a little bit differently than you would be if you met someone in person. Or it might be a direct match."

With lights hanging from the ceiling, and CBC Radio One playing in the background, Stephenson's easel sits sandwiched between an iPad and a "Parallel Palette," which is a special paint palette that sits upright and is easy to clean and transport (coincidentally, Stephenson backed this device on a crowdfunding site). Each 11-by-11-inch square takes at least a few hours to paint.

So far, Stephenson has picked each online photo himself. He usually chooses based on popu-– the number of Facebook





"likes," for example — but he leans towards photos of happy folks. And he notices patterns in people's profiles, like the one of 'Chris" and his toddler that cur-

"Just about every one of the pictures ... that he posts is either him and his child or him and his wife. They're hardly ever him by himself.

So far, all his subjects have

roots in Ottawa, but Stephenson wants his series to include people beyond the city's borders, especially if he tours his exhibit.

That's where the Kickstarter campaign comes in. Anyone who donates at least \$85 will get a custom social media portrait to be included in the gallery.

Stephenson figured crowdfunding was the right fit for a portrait series based on social

And, like many modern artists, he's looking for funding avenues beyond grants and his day job in design.

"Design is kind of how I earn most of my paycheque and art is kind of how I spend my paycheque," he said, with a smile.

This gallery stems from a love of portraiture and an appreciation for online community-building. Stephenson is posting the photos on Facebook, Twitter, İnstagram, Ello and others, to try to get his subjects interacting with one another.

He's hoping to have 100 small oil paintings finished by November, with his first gallery opening by the end of this year or early 2017.

"I'm probably going to have little heart and thumbs-up stickers and little thought bubbles," he said. "It brings that online into the traditional, just like I'm bringing the traditional into the online. I think that'll be kind

Perhaps a better compliment than any Facebook "like" or Instagram "heart" — many of his subjects have changed their profile pictures to Stephenson's oilpainted rendition.

Anyone who wants to back this gallery can look up Stephenson on Kickstarter.





metr

NEWS Ottawa Thursday, March 10, 2016

'This is a great day for DNA'

Hospital can legally conduct genetic testing despite patents



Some call it a huge win for Canadian patients — and their DNA.

The Children's Hospital of Eastern Ontario has won a "groundbreaking" legal battle that allows all Canadian hospitals to conduct genetic testing free from patent obstacles.

'This is a great day for DNA," said Alex Munter, president and CEO of CHEO.

In 2014, CHEO launched a legal challenge against Transgenomic, a company that owns five gene patents linked to a potentially fatal heart rhythm condition:

Long QT syndrome.

Both parties came to a settlement out-of-court, with Transgenomic agreeing to allow access to its Long QT patents. Instead of sending blood samples to private U.S. labs, Canadian labs will be able to conduct genetic tests in house.

CHEO officials say this will cost 50 per cent less.

It should also pave the way for future gene patents beyond Long QT testing.

"(It's) truly a breakthrough agreement," said Richard Gold, a professor in law and medicine at McGill University.

"It enshrines the central idea that patents shouldn't get in the way of the delivery of public health. That's right up front in the agreement."

In 2013, the U.S. Supreme Court ruled that naturally occurring genes are not patentable. As a result, patents for BRCA1 and BRCA2 genes — which are associated with an increased risk in breast and ovarian cancers

It's truly a breakthrough agreement.

Richard Gold

- were tossed out. Testing for these genetic mutations became cheaper and more available.

From the perspective of Transgenomic, the years of research and money into a genetic condition like Long QT syndrome warrants the gene patentable. But those on CHEO's side argue that such a patent is akin to patenting water or air.

Munter said the hospital did not spend any dollars pursuing Trangenomic. Legal representatives with Osler, Hoskin & Harcourt LLP and Gilbert's LLP - Nathaniel Lipkus and Sana Halwani, respectively -provided their services pro bono, as did Gold.

WITH FILES FROM TORSTAR NEWS SERVICE



Geneticist Gail Graham tells a news conference the Children's Hospital of Eastern Ontario has settled a legal dispute with the owner of five gene patents related to a potentially deadly heart rhythm disorder. Justin Tang/The Canadian Press

🛑 IN BRIEF

Ontario film and TV enjoys banner year

The provincial government says Ontario's film and television industry had its best year ever in 2015.

The ministry of tourism, culture and sport says the industry poured \$1.5 billion into the province's economy and supported almost 32,500 direct and associated jobs last year.

That's an increase of almost 4,500 jobs over the previous year.

It says domestic productions accounted for half of the total spending on film and TV, although foreign spending rose 52 per cent from the previous year to \$763 million.

Some of the productions that included work done in Ontario are the Oscar-winning films Room and Spotlight.

The government says Ontario is the top film and TV production centre in Canada and the third largest by volume in North America, after California and New York.

THE CANADIAN PRESS

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Homicide victim identified

VIOLENCE

Third youth killed on street within a year



Joe Lofaro Metro|Ottawa

Ottawa police have identified the victim of the city's fifth homicide of 2016, which happened on a residential street that has been plagued with violence in recent months.

Nooredin Hassan, 20, was shot in front of Lester B. Pearson Catholic High School Tuesday evening just before 6:30 p.m., according to police.

Officers arrived at the scene after receiving a call about gunshots to find a man lying on the ground before they performed CPR. He was taken to hospital where he later died.

This is the third killing of a male youth on Jasmine Crescent in less than a year.

On April 14, 2015, Gloucester High School graduate Connor Stevenson was stabbed to

death in a stairwell of 2020 Jasmine Cres. after an alteration. David Dubois, 19, was later charged with second-degree murder and has yet to stand trial.

That same apartment building was the scene of a second fatal stabbing on Sept. 20 that claimed the life of 17-year-old Issaiah Clachar.

Keanu Croteau, 18, and Mohamad Hamade, 25, are each facing a charge of seconddegree murder.

Hassan's murder scene is just a short walk from the apartment building where the other two youths were killed. On either side of the crime scene is a children's daycare and a high school.

On Wednesday morning, young kids had to walk around the yellow police tape to get to the Charmian Crave Child Care Centre daycare as police officers canvassed the crime scene close by. Across the street, a school official said grief counsellors were being made available to students at Lester B. Pearson.

The recent killings on Jasmine Crescent has put some



An Ottawa police officer analyzes the crime scene on Jasmine Crescent Wednesday after Nooredin Hassan was fatally shot. JOE LOFARO / METRO

residents on edge.

A couple out for a walk Wednesday morning wondered how a well-lit intersection like Jasmine and Ogilvie could be the scene of a deadly shooting during the supper hour.

"It is the availability of guns that I think is the problem," said the wife, who didn't want to provide her name.

The couple moved to the neighbourhood in 1987 and said they have noticed a change not just on Jasmine Crescent, but citywide.

They live just steps from where the shooting happened.

"People who want to shoot somebody, they'll find any reason," said the wife's husband, who also did not want to be identified.

Another resident who lives nearby was working on his car late Wednesday morning, recalling how he saw several police cruisers outside his house Tuesday evening. He said he has lived in the

He said he has lived in the neighborhood for 16 years and said the shooting did not surprise him in light of the violence just down the road last year.

"It probably won't be the last one, either," the man said, who asked to remain anonymous.

"People don't want to hear about it. When you have to live with it, you have no choice."

He said he was saddened to learn the victim was 20 years old.

"He didn't even begin his life."

At age 18, Hassan turned himself in to police after an armed robbery at a home near Overbrook in November 2013. Police said at the time two people who were in the home on Avenue R fought and disarmed three men who broke in and stole cash and cellphones.

Hassan was charged with three counts of robbery, one count of theft under \$5,000, and two counts of possession of a weapon dangerous to the public.

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PUBLIC SAFETY

Drunk driver gets higher sentence for three crashes

A drunk driver who went on a personal demolition derby has been sent back to prison for another nine months after Ontario's top court increased his sentence.

In a ruling released Wednesday, the court said the original punishment handed David Clouthier — two intermittent sentences totalling five months—was demonstrably unfit given that he caused three crashes in the space of 15 minutes — and fled each time.

"These were serious offences that demonstrated a complete disregard for the lives and safety of others lawfully using the streets of an urban area on a summer evening," the Court of Appeal said. "Repeated flights from the scenes of the accidents displayed a callous indifference to fellow motorists."

Court records show Clouthier, 21, got into his truck one evening in June 2013 after consuming several drinks. He soon rear-ended another vehicle at an intersection, reversed, drove over a median, and fled into a residential area.

A few minutes later, he rearended a second vehicle. Again, he fled at speeds of up to 130 kilometres an hour, before slamming head-on into another vehicle, causing serious injuries to a passenger. This time, Clouthier climbed out the window of his badly damaged truck and tried to run away but witnesses were able to grab and hold him for police.

At trial, the first-time offender pleaded guilty to impaired and dangerous driving causing bodily harm, and to failing to stop at the scene of an accident.

Despite "numerous aggravating factors," Ontario court Judge Ann Alder sentenced him in Ottawa last year to a total of five months in custody. Alder also decided to give him the option to serve his time in two instalments — which he accepted — because he had recently found full-time work.

The Crown appealed, saying the punishment was illegal because it got around rules for maximum intermittent sentences, and unfit given the crime.

The Court of Appeal agreed

the sentence circumvented the rules. The court also found that although Clouthier was remorseful and had taken strides to clean up his act, the five-month punishment wasn't enough.

"Without any regard for the health or safety of the occupants of any of the vehicles he struck, he fled each scene, accelerating away in one instance to speeds at least twice the posted limit in residential areas," the court said.

"The sentence imposed, essentially five months, fails to reflect in any meaningful way the predominant sentencing objectives of general deterrence, denunciation, and protection of the public."

The Appeal Court decided a total term of 15 months would be appropriate and, given time already served and other pre-sentence credit, sent Clouthier back to serve another nine months. The court gave him 72 hours to surrender into custody.

reed The Canadian Press



Repeated flights from the scenes of the accidents displayed a callous indifference to fellow motorists.

Ontario Court of Appeal sentencing

Huawei investment to speed up hiring

Funding means research jobs in three areas will arrive faster



Huawei has announced it plans on investing up to \$303 million

in Ontario over the next five years as it accelerates its partnership with the province on its 5G Ontario project.

The company said this means jobs initially announced in November 2014 will be coming faster to an expanded research facility in Ottawa.

The funding will also speed up hiring at new research facilities in Markham and Waterloo.

"Most of our hiring will happen within the next 24 months," said Huawei's vicepresident of corporate affairs Scott Bradley, adding that the additional investment increases the company's number of "job years" by 33 per cent. Bradley said no specific job numbers were available for each location because it depends on where the talent is available.

"We could find a great wireless engineer. He or she could be based in Waterloo and they want to stay in Waterloo, they

Most of our hiring will happen within the next 24 months.

Huawei vice president of corporate affairs Scott Bradley

can be based in Waterloo," he

But by the time all the hiring is complete, Bradley said about 55 per cent to 65 per cent of the workers would be in Ottawa. Huawei currently employs just over 300 people in Ontario, 250 of those at its Kanata office.

The research facilities will focus on advanced communications research initiatives, including 5G networks and related technologies such as cloud computing, data analytics, enterprise applications and mobility security. Huawei announced its investment as Ontario Premier Kathleen Wynne toured the Chinese firm's Canadian headquarters in Markham.

The province is augmenting the first instalment of \$212 million with \$16 million from the Jobs and Prosperity Fund.

We're incredibly excited about expanding our research and development facilities in the province," Huawei CEO Ken Hu said in a statement.

REDEVELOPMENT

Pedestrians to rule future Queen Street



The city will spend \$20 million between now and 2018 reinventing Queen Street as a welcoming and comfortable environment for people walking to and from the LRT stations at Lyon and O'Connor streets, staff said at a meeting Wednesday.

The uninspiring four-lane road we know today will pinch to two lanes just east of Metcalfe Street, down to Bay Street. The sidewalks will be widened and bricked, and dotted with bike racks, benches, trees and plant-

ers. There won't be any cycling lanes — just green 'super shar-rows' — but it's still considered a complete street.

"For Queen Street, pedestrians get the highest level of service," said Somerset Coun. Catherine McKenney.

The city's light-rail tunnel runs directly beneath Queen, and two of three stations will surface there. Thousands of people are expected to pour onto the sidewalks during rush hour.

"Part of what will define the success of LRT is their experience when they come out," Mc-Kenney said. If it's welcoming, "you're more likely to take the train again."



Wide sidewalks, trees and planters are planned for around Lyon and Parliament light-rail stations on Queen Street. CITY OF OTTAWA

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8 | Thursday, March 10, 2016 Ottawa | **Metr** NEWS



Co-owners Alessandro Argentina, left, and Mike Hopkins are expanding board-game café The Loft into a full gaming restaurant. HALEY RITCHIE/METRO

Café has Lofty ambitions

There's a game

for everyone.

Mike Hopkins

BUSINESS

From boards to screens, growth is on the menu for gaming spot



Downtown board-game café The Loft is levelling up.

The business is expanding this month into the lower level of their Waller Street location. The new pub, which offers video games and board games, will be aptly called Level One.

The building has all the charms of an old Ottawa pub, plus a selection of more than

750 new and vintage video game titles to play with friends over food and drink.

"It seemed like a natural extension of what we were doing upstairs with the board games," said co-owner Mike Hopkins.

Upstairs, Hopkins and business partner Alessandro Argentina have been operating The Loft for almost two years. The business moved in after nightclub and bar Lunenburg closed.

The Loft prides itself on being a "screen-free" zone that offers clients a chance to unplug and play board games in a friendly café environment. Level One is definitely more screen-focused, but the emphasis is still on socializing and fun.

"We bring a classic at-home or at-the-cottage activity and take it to the next level by having a wide variety on offer," said Hopkins. "We have a collection no one could really have in their home and we figured it would be the same kind of thing with video games."

Games and consoles available range from the Atari 8600 to the Wii U, offering a mix of the nos-

talgic and the new. In addition to the wide selection of titles and consoles, Hopkins said the atmosphere is also part of the appeal.

"There's something about playing in a really social atmosphere and making it an event," he said. "People can't put their finger on it, but it feels like they're going out to do something."

Aside from expanding the

game options, Hopkins said Level One is allowing the business to expand its menu. Previously The Loft operated without a full kitchen, meaning its food offerings were more café-like than restaurant.

Level One will have its own chef and will offer a full pubstyle menu, a

draft beer selection and unique cocktails.

The idea is to

opkins turn the video game and board game experience into a "night out" — al-

though Hopkins said you don't need to be playing a game to order food and drinks. "It's basically a normal restau-

rant," said Hopkins. "We want the quality to be as high as anywhere else so people feel they can come in, have a really good meal and leave even if they don't want to play games. If they want to play games, perfect."

Both owners said the space is welcoming to people of all skill levels, ages and genders.

"We focus on having a broad appeal," said Hopkins. "You're doing something fun, the person next to you is doing something fun. It's a lively and vibrant place."

He said Level One isn't necessarily trying to appeal to a hard-core gaming group. Just like with board games, there is a huge variety of intensity. People come to The Loft to play both complex tabletop strategy games and Monopoly or Guess Who.

Most of the video game titles on offer are "party" games that allow for multiple players and encourage friendly competition. The bar also has five coinoperated arcade games along the back wall.

"You can go upstairs and see such a wide group of people: young people, old people, families, dates — every scenario and everyone feels welcome. That's really important to us, said Argentina. "Sometimes people bring their toddlers or their babies. They play Jenga with their kids."

Guests at Level One can choose a console for the price of \$13 per table, per hour. The pricing is based on how pool tables are delegated. Ordinary board games are \$5 per person.

Hopkins and Argentina said the official launch is slated for March 29.

REPLACE ALARMS IN YOUR 'HOUSE'

I'm John Morris, a firefighter and member of the Team Canada curling team. March 13th we'll be at the Brier defending our title. So when you change your clocks, also check the age of your smoke and carbon monoxide alarms. Replace smoke alarms over 10 years old and CO alarms made before 2009.







Technology that SAVES Lives



metr
NEWS Ottawa Thursday, March 10, 2016



Colin Jayantha Perera, seen with MP Pierre Poilievre, has a second chance at life now that his nephew has been cleared to enter Canada to donate a kidney. KELLY KENT/METROLAND MEDIA

Visa OK clears way for kidney donor

HEALTH

MP pushed for special permit to override rejection

In Canada, sometimes you're given a second chance at life.

That is the case for 65-yearold Colin Jayantha Perera, who has been given the opportunity to receive a potentially lifesaving kidney transplant after MP Pierre Poilievre urged the immigration minister to override a rejected visitor visa for the Sri Lankan organ donor.

"It is a second life I am getting," said Perera at an event at Poilievre's office in Manotick on Friday. "I'm so proud of Canada."

Perera, who owns Mike's Pizzeria & Restaurant on Bank Street in Metcalfe, was diagnosed with end-stage renal disease recently when his only kidney began to fail. He must undergo four hours of dialysis every second day and needs a new kidney to improve his condition.

"He's been suffering for a very long time," Poilievre said.

In a stroke of luck, Perera's nephew, Lasantha Bandara, turned out to be a willing match. However, Bandara lives in Sri Lanka and in order to enter the county to donate

his kidney to his uncle, he needed to get approval for a visitor visa.

Unfortunately for Perera, Citizenship and Immigration Canada rejected the application in January,

leaving him without access to his donor.

second life

I am getting.

Colin Jayantha Perera

"I was so frustrated, I wanted to stop dialysis," Perera said of learning the visitor visa for his nephew had been rejected. "I went to the hospital and I said, 'I want to stop dialysis. There's no point in living."

In an effort to remedy the situation, Perera visited Poilievre's Manotick office and shared his story with case manager J.P. Mitton, who said he would do what he could to help. Within a few days, Poilievre's office had appealed to Immigration Minister John McCallum, who promptly agreed to use a special minister's permit to overturn the rejection.

"This is an extraordinary circumstance," said Poilievre of the situation. "In fact, we have an opportunity to save a Canadian life."

With his visitor's visa approved, Bandara will arrive in Canada on March 14 to prepare for the operation that could save his uncle's life. If it goes well, Perera could receive his new kidney at the beginning

of April.
"I hope to live for another 20 to 25 years with my new kidney," he said, laughing.
KELLY KENT/METROLAND MEDIA



FLYING BACK TO CANADA? DON'T GET STUCK ABROAD.

Starting March 15, 2016, Canada's entry requirements are changing. If you received a work or study permit before August 1, 2015, and plan to travel outside Canada and return by air, you may need to get an Electronic Travel Authorization (eTA).

Don't wait. Apply online today at Canada.ca/eTA.

IMPORTANT: The eTA does not apply if you are a Canadian permanent resident travelling internationally. You will still need your permanent resident card to board your flight back to Canada.



Government of Canada

Gouvernement du Canada



The best of America's spring produce, with a little help from some Canadian whisky, will feature heavily on the menu for the state dinner Thursday night to mark Justin Trudeau's first prime ministerial visit to the U.S.

The first course at the White House will see the Trudeaus and the Obamas dine on Alaskan halibut "casseroles" with cepes, delicate angel hair asparagus, chanterelles, baby onions and lardon and herbed butter. This will be followed by roasted apricot galette with Appalachian cheese, heirloom lettuces and pine nut crisps.

The menu says the state dinner features ingredients from the Pacific Northwest to the Atlantic coast.

"With a mindfulness to the coming of spring, White House executive chef Cris Comerford and executive pastry chef Susie Morrison will present dishes highlighting elements of the season and the best of America's farms and seas," says the menu.

"One of our canapes is actually a duck poutine," said Comerford as he described Hudson River duck shaved on fries with gravy and cheese. "So it's kind of like a take on a wonderful national dish of Canada."

The vegetables for the first



Dessert items are seen during a preview a day before the State Dinner for Canadian Prime Minister Justin Trudeau at the White House on Wednesday in Washington, D.C. AFP/GETTY IMAGES

course come from a farm in Ohio and the herbed butter is sourced from Michelle Obama's White House kitchen garden.

The cheese from the second course comes from Galax, Va.

"With sweet and salty, and soft and crunchy, all in one dish, the salad has a wonderful juxtaposition of flavours and textures," says the menu.

The main course consists of a herb-crusted lamb from Colorado, Yukon Gold potato dauphinoise and lightly sautéed spring

"As a finishing touch, the dish is drizzled with Yukon Jack Canadian Whisky," reads the menu.



The first course of the state dinner in the State Dining Room at the White House.

Trudeau's visit marks the 11th state or official visit of Barack Obama's presidency but the first for a Canadian in 19 years. THE CANADIAN PRESS

Meal a 'juxtaposition of flavours' Trudeau's visit to U.S. a trip of firsts

DIPLOMACY

PM, family land in Washington ahead of White **House dinner**

Justin Trudeau's first prime ministerial visit to the United States got underway Wednesday as he stepped off the airplane with his wife and children to begin a trip unique in the recent history of Canada-U.S. relations.

Ånticipated announcements on bilateral issues like climate change, next-generation border security and the Arctic are merely one tranche of the story of the three-day trip.

It's also a snapshot in time. The highlight will be the first state dinner for a Canadian in 19 years at a moment where two sympatico progressive leaders hold office and the Canadian one also happens to be unusually well-known here.

The visit has prompted a rare degree of American media attention. A more gushing example was in the tabloid Politico headline, "Justin Fever Hits Washington," followed by a story where a senior White House official admitted having a bit of a crush on the young leader from the north.



Canada | metr

NEWS

Justin Trudeau holds his son Hadrien as he steps off the plane. PAUL CHIASSON/THE CANADIAN PRESS

It also comes so late in Barack Obama's tenure that one official couldn't say whether or not this state dinner — the 11th of his presidency — might be his final one.

Denison Offut said there's plenty fertile ground for cooperation on substantive files.

"The leaders are progressive, forward-looking, and have very similar common values and agendas," said Offut, director for North American affairs.

The prime minister landed at Andrews Air Force Base and emerged alongside his wife Sophie Gregoire-Trudeau and their three children — Xavier, Ella-Grace and Hadrien.

Thursday is the main meeting with President Barack Obama in the morning, followed by meetings with senior members of Congress and the state dinner in the evening. THE CANADIAN PRESS

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SPACE FLIGHT

Researchers study weightlessness



A Simon Fraser University researcher is taking an upsidedown approach to better understand the impact of long-term space flight on the human body.

Andrew Blaber, who teaches kinesiology, and his team will monitor 20 test subjects who will spend the next two months completely bedridden with their heads below their feet at a slight inverted, six-degree angle — a state that is meant to mimic the effects of space flight.

The participants will carry out all their daily activities in bed, from reading and eating to washroom breaks and showering, while scientists study their physiology to determine how space flight affects astronauts on their return to Earth.

"It's a lot to ask, but it is a shorter period than Scott Kelly spent in weightless conditions," Blaber told Metro, referring to the NASA astronaut who just returned to Earth after 340 days



Ground personnel help International Space Station (ISS) crew member Scott Kelly of the U.S. after landing near the town of Dzhezkazgan, Kazakhstan, on March 2, 2016. AFP/GETTY IMAGES

on the International Space Station. "At the end of the study, we should see all the same symptoms we'll see with astronauts. They'll have a hard time standing up and they'll have posture problems."

Blaber will be studying the link between the cardiovascular system and the system in charge of controlling the body's posture, with the goal of helping astronauts become better prepared for spending extended periods in outer space.

When people are weightless, Blaber said the link between the cardiovascular system and posture system appears to fail and the two "drift apart." His team will be studying how the link is affected by space flight, as well as how the body recovers once astronauts return to earth.

The research will benefit more than just astronauts. For patients who are bedridden for long periods of time, Blaber said the research may offer exercises that can help them in their recovery.

metr

NEWS | World Thursday, March 10, 2016 **11**





Eclipsed by wonder

People gazed at the sky and cheered while others knelt in prayer as a total eclipse of the sun unfolded over Indonesia Wednesday, briefly plunging cities into darkness and startling wildlife. The rare phenomenon was witnessed along a path that stretched across 12 Indonesian provinces encompassing three time zones and about 40 million people. A partial eclipse was visible in other parts of the archipelago, a swath of Asia and northern Australia. Thousands flocked to Indonesia from abroad and the government, which has been the promoting the event for more than a year, forecast a substantial tourism boost. THE ASSOCIATED PRESS; PHOTOS: AFP/GETTY IMAGES

The solar eclipse from Banda Aceh, Indonesia.

2 The moon passing in front of the sun during a partial solar eclipse in Manila.

Acehnese people watch from Banda Aceh.



UNITED STATES

Lawmakers celebrate raw milk, deny link to illness

Some West Virginia lawmakers and Capitol staffers had a very bad weekend after drinking raw milk to celebrate a law loosening restrictions on the product. Now state health officials are investigating whether the milk was to blame for their fever, vomiting and diarrhea, and weighing allegations the raw-milk party broke the law. So far, health officials say they haven't received medical reports of illnesses related to the dangerous bacteria that can live in raw milk, including Campylobacter, Listeria, Salmonella and E. Coli. The lawmaker involved blames his and other illnesses on an unrelated stomach virus circulating the Capitol. THE ASSOCIATED PRESS

Refugees still flow into Idomeni camp

Still more refugees were arriving at the overflowing Idomeni camp on the Greek-Macedonian border Wednesday despite the gates being shut following a European Union-Turkey summit and a decision by countries further up the Balkan route to allow through only people with valid EU visas.

Heavy rain increased the misery of up to 14,000 people in the camp, which long ago surpassed capacity, leaving thousands to pitch small tents donated by aid groups in surrounding fields and along railway tracks.

The mood was grim and confused, with many seemingly in denial that this muddy field is where their journey ends, far from the lives they dreamed of in more prosperous European



More than 36,000 migrants are thought to be stuck in Greece. THE ASSOCIATED PRESS

countries such as Germany.

'This is horrible, unbelievable, unbearable. There is war in my country, and they are closing the border," said Mahmoud Hassan, a 23-year-old Syrian. "Where are we supposed to go?" THE ASSOCIATED PRESS

Trump calls for a united front

REPUBLICAN NOMINATION

Frontrunner says he'd beat **Clinton with** party backing

Donald Trump called for Republicans on Wednesday to rally behind his presidential candidacy after he cruised to primary victories in three more states, declaring that he could not be defeated in the November general election as the standard-bearer of a united party.

On the Democrat side, Vermont Sen. Bernie Sanders handed former Secretary of State Hillary Clinton a surprise loss in the industrial state of Michigan, increasing the likelihood that the contest for the party's nomination could stretch into early summer. Clinton, however, crushed Sanders in the southern state of Mississippi, continuing to win a large margin among black voters.

Speaking to MSNBC on Wednesday, Trump said: "If the Republican party unites behind us, nobody can beat us."

But Trump evaded questions about how he would carry out his campaign promises, especially his boast that he would build a wall along the Mexican border to stop illegal immigration and make Mexico pay for it.

He did concede that he is not doing as well with women voters because of the stinging language of his campaign. "I can see women not necessarily liking the tone (of the campaign), but I had to be very harsh to win," he said of his brutal counterattacks on party elites and fellow candidates, particularly Florida Sen. Marco Rubio and Texas Sen.



Clinton increased her delegate lead by sweeping Mississippi and is now halfway to the number needed to clinch the nomination.



Donald Trump called for Republicans to rally behind him. GETTY IMAGES

Trump has won 15 of 24 Republican nominating contests so far, but he must do better to win the nomination. His lead over Cruz grew by only 15 delegates Tuesday because all four states awarded delegates proportionally, so even the second-place finisher got some.

Cruz captured the Idaho primary and Rubio, the favourite of the party establishment, failed to pick up any delegates Tuesday. He needs to win home state Florida next week to stay in the race.

THE ASSOCIATED PRESS

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farmers pushing back

CAGE-FREE HENS

Big restaurant chains shun enriched cages compromise

Some 17,000 hens and one rooster at Roger Pelissero's egg farm in West Lincoln, Ont., live in cages that may be the envy of most other hens in Canada.

The cages, which are about 1.5 metres wide and 3.7 metres long, contain about 60 hens per colony and are outfitted with perches, a scratch pad and two partitioned nesting areas for laying eggs in private.

But as major restaurant chains increasingly promise to dish out eggs solely from hens not confined to cages, they shun enriched caging — a compromise that Pelissero and other Canadian egg farmers hope that hens, farmers and consumers can live with.

Pelissero's hens once lived in battery cages, a type of housing that only offers each bird the living space of about a standard piece of paper. In 2013,



Hens on a free-range farm in Canada. COURTESY WORLD ANIMAL PROTECTION

he upgraded to enriched cages, which allow hens to exhibit more natural behaviours, like dust bathing.

About 90 per cent of hens in Canada currently live in battery cages, according to the Egg Farmers of Canada. The remainder are in enriched

cages, indoor free-run systems or free range.

Pelissero considered shifting to a cage-free alternative but decided against it due to health concerns for his birds and workers, mostly family.

Cage-free housing can mean more dust and ammonia in the barn because hens aren't completely separated from their litter, said Peter Clarke, chairman of the Egg Farmers of Canada.

People working in free-run set-ups can suffer short-term respiratory problems, found a 2015 study by the Coalition for Sustainable Egg Supply.

CONSUMERS

Grocery stores offer shoppers a choice of eggs

Canadian consumers are egg farmers' No. 1 clients and the grocery stores they shop at still offer a range of choice, including certified organic eggs (which are always freerange) and those from enriched housing.

But if public opinion joins

changing corporate tide, Canada's egg farmers may have to reconsider their

Birds in free-run systems died more frequently, pecked at other hens more aggressively and their keel bones showed more damage than their battery cage counterparts. The hens in free-run systems were also more likely to die of cannibalism. THE CANADIAN PRESS

Google's AI beats Go champ

Google's computer program AlphaGo defeated its human opponent, South Korean Go champion Lee Sedol, on Wednesday in the first face-off of a historic five-game match.

AlphaGo's victory in the ancient Chinese board game is a breakthrough for artificial intelligence, showing the program developed by Google DeepMind has mastered one of the most creative and complex games ever devised.

Commentators said the match was close, with both AlphaGo and Lee making some mistakes and a result that was unpredictable until near the

Lee's loss was a shock to South Koreans and Go fans. The 33-year-old initially was confident of a sweeping victory two weeks ago, but sounded

less optimistic a day before t h e match. THE ASSO-CIATED PRESS

ISTOCK



METEVS

Your essential daily news

Thursday, March 10, 2016

CHANTAL HÉBERT: ON CONSERVATIVE CAMPAIGN CASH



It is a political rule of thumb that defeated incumbents tend to drown their sorrows in money and it turns out the federal Conservatives are no

exception.

At \$5 million, the spending limit imposed on each of the candidates who will vie to replace Stephen Harper between now and next spring is more than five times higher than the maximum allowed for the leadership contest that resulted in Justin Trudeau's election.

But it is in the same general ballpark as that set by the Liberals immediately after they lost power to the Conservatives in 2006.

Over the campaign that ended with Stéphane Dion's victory, the candidates were allowed to spend almost \$3.5 million each — down from \$4 million at the time of Paul Martin's quasi-coronation in 2003.

In between the two Liberal leadership contests, more restrictive Elections Canada fundraising rules had come into effect. Corporations were no longer permitted to dish out generous helpings of money to their favourite candidate. Only individuals could

Under the lax rules of the past, a leadership candidate with deep pockets was able to make up for outsider status by financing her own campaign.

For seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

contribute a modest amount of money.

In 2006, the Liberals were the first to try out those new rules and the result was a collective disaster.

By the time the campaign ended, more than half the 11 candidates were mired in debt. Over the years that followed their efforts to pay off sider status by financing her own campaign.

But in this contest, businessman Kevin O'Leary would be forbidden to tap into his own considerable financial resources. Instead he would have to find supporters to finance his campaign \$1,500 at a time.

The immediate impact of the high spending limit the



POTENTIAL PAIRING If former cabinet ministers Jason Kenney and Peter MacKay both run for the leadership of the Conservative party, they could drain the donation pool and bolster their front-running positions by outspending the rest of the competition, Chantal Hébert writes.

THE CANADIAN PRESS

those debts put a cramp on the party's fundraising efforts. (Unlike the Conservatives today, the Liberals could at least count on a public per-vote subsidy for most of that period.)

To top it all, the 2006 Liberal campaign did not yield a winning leader.

The Conservatives apparently believe they are immune to those risks. Not that they have any experience with the process — Harper was selected under the old free-for-all system.

Under the lax rules of the recent past, a leadership candidate with deep pockets such as Belinda Stronach was able to make up for her political out-

party has settled on will likely be to give an added incentive to the other prospective candidates to wait for a clear signal from Jason Kenney and Peter MacKay as to their leadership intentions.

If both former ministers run, they will suck a lot of money out of the donation pool, and be well positioned to compound their front-running status by outspending the competition.

In this contest, the ability to finance a truly national campaign will be crucial.

For it will not be good enough to sign up a lot of members in a given region. Each riding — whether its membership is in the thousands or less than 50-strong — will be worth 100 points to be split among the candidates based on the percentage of their support.

In theory, a candidate could come first in the 99 ridings the party currently holds but still lose by not doing well in the 239 that are not currently represented by a Conservative MP in the House of Commons.

And if you think that is an extreme scenario, consider that, on balance, Kenney is best placed to score high in many of the Conservative-held ridings but MacKay could be an easier sell in most of the non-conservative ones.

There are of course more ways to gain from a leadership campaign than by becoming leader.

Brian Mulroney, John Turner, Jean Chrétien and Paul Martin all built subsequent leadership victories on an initial failed bid.

In a polarized contest between two front-runners, it can also be a winning strategy to start off from behind with the goal of becoming everyone's second choice.

When Dion entered the 2006 campaign, he was considered a placeholder whose sole mission was to represent Quebec in the lineup dominated by Michael Ignatieff and Bob Rae.

But for seasoned politicians, the leadership game is worth playing only if one has a reasonable chance of finishing with a score high enough to not lose face. And achieving that in the expensive Conservative environment will be costly.

Chantal Hébert is a national affairs writer. Her column appears in Metro every Thursday.

ROSEMARY WESTWOOD

metroview

Required reading for all Canadians on doctor-assisted death

We are watching the slow march towards medical-assisted death laws in Canada. But despite a looming June deadline, all is far from settled.

For years, in poll after poll, a wide majority of Canadians have supported physician-assisted death, in a very specific case: When an adult is terminally ill. The results were 67 per cent in 2011, 84 per cent in 2014 (when someone is "suffering and repeatedly asks for help to end their life"), and 77 per cent last August.

Months earlier, the Supreme Court had ruled that competent adults, facing intolerable suffering from an irremediable and grievous medical condition, have a charter right to physician-assisted death.

The Supreme Court decision was succinct, to the point of omission. It did not discuss mental illness, the rights of minors, or advance requests for an assisted death.

It left a joint Senate-Commons committee in a position to recommend detailed laws, and the committee took almost every chance to make them as broad as possible. The mentally ill and minors should be eligible, its report says, and advance requests allowed.

Those recommendations have neither the polls to prove general support from Canadians, nor the explicit foundation of a Supreme Court ruling. Four members wrote a

dissenting report.

And the recommendations also don't have the support of the Canadian Medical Association, which objects to the suggested requirement that physicians "provide an effective referral for the patient."

Catholic leaders, unsurprisingly, also object. In an outraged and at times condescending tone, Cardinal Thomas Collins, Archbishop of Toronto, condemned the committee's report in a letter read at masses on Sunday. "Some people" believe life has no value after a certain point, "since they cannot function as they once did," Collins wrote, and he warned compassion is "a shaky foundation for social policy."

Both statements are misleading. Compassion is not the basis for new laws — the charter is. It is not "some people" who want some kind of assisted-dying law — it is a large majority of Canadians. But Collins perhaps isn't wrong to wonder how many Canadians realize the scope of assisted dying currently on the table.

Which isn't to say the scope is too broad. I don't yet know myself where I stand on the recommendations.

But given the dramatic change upon us, perhaps now is the odd time I'll recommend you read, in full, a 60-page parliamentary report, and prepare yourself for the implications.





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Goodbye "cone of **shame"** — the Cover Me by Tui onesie is a post-surgical garment for dogs. "The fabric is breathable so it promotes healing, says company founder Stephanie Syberg.



Your essential daily news

Thursday, March 10, 2016

uestioning parenting norms



Author Heather Shumaker advocates giving children more freedom to sort out issues like sharing and rough play. ISTOCK

NEW BOOK

Heather Shumaker wants kids to run and yell

Homework? Ban it! Circle time? Not for every kindergartner. Forced sharing? How about letting a kid play with a toy until she's done?

Those are just a few of the ideas that Heather Shumaker advocates as "renegade" in a new book, It's OK to Go Up the Slide, an extension of her first parenting guide, It's OK Not to Share.

Shumaker is the mom of two boys, ages 11 and 8, in Traverse City, Mich. As a youngster, she was a student where her mother taught for 40 years in Columbus, Ohio, the unorthodox School for Young Children. Free play was encouraged and teachers did things like providing boxing gloves to children to learn how to navigate rough play.

"Children who come out of that program are unusually skilled in conflict mediation and coping with their emotions," says Shumaker, who is 48.

The new book, out in March, extends her outlook from very young children she focused on the first time around through the middle school years.

Can you talk about the gap between what we, as adults, know about kids and what we actually DO about kids?

We know a lot more about brain development and the value of play than we ever have before and yet we're kind of doing the opposite. Back when I was a kid, we didn't know much about brain development but we trusted kids more, so we were willing to trust their play. If it involved toy weapons, we were willing to go with it.

Now, we know a lot more about the benefits of free play and how that affects learning, the benefits of big-body play - running around, bicycling, yelling, wrestling, but I think there's a culture of fear.

How do parents need to reinvent parenting? You say we

have to be willing to tip what we know upside down, become renegade parents.

We accept a lot of parenting habits as truth, whether it's don't talk to strangers or safety first or do your homework. These are things that we just accept as sacred mantras. These conventions become our habits generation to generation. And yet the more we learn and through some of the research, these are just plain

You talk about the importance of parents taking off their "adult lenses." Can you explain what you mean by

We're very good at adult amnesia, forgetting what it's really like to be a kid. So if a kid doesn't do what she's told in the kindergarten circle time, she's labelled as defiant. You know, they're not going to fit into society, they're going to become that loner that causes problems. ... We really leap to a lot of conclusions, but a kid doesn't have to do what the group's doing so long as their actions don't disrupt the group. Adults sometimes need to let kids do what they do.



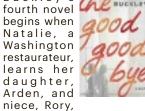
MORE BOOKS ABOUT FAMILIES TO CHECK OUT

When family members come together, the results can be explosive. Here are six new reads about family relationships that pack an emotional punch. TORSTAR NEWS SERVICE

The Good Goodbye

Carla Buckley

Buckley's fourth novel begins when Natalie, a Washington / restaurateur, learns her daughter, Arden, and



have been hospitalized following a fire in the college town where they live. Another student is dead. As the arson investigation unfolds, Natalie discovers disturbing facts.

The Guest Room **Chris Bohjalian**

Richard, a mergers and acquisitions guy, agrees to host his younger brother's bachelor



plete with two strippers and a couple of Russian bodyguards. At the end of the evening, the Russians are dead and the strippers have fled.

The Three Sisters Bar and Hotel **Katherine** Govier

big The auestion at the heart of this sweeping saga

concerns the fate of the

Hodgsons archeologist, his wife and two adult children - who disappear during an expedition at the beginning of the book.

Somewhere **Out There Amy Hatvany**

In 1980, Jennifer was living in her car with two small daughters, Natalie, 6 months,

HATVANY and Brooke, 4, and pilfering food to feed them. When she is

caught and incarcerated, the children are taken from her. The novel picks up the lives of the mother and daughters 35 years later.

Hurt **People Cote Smith**

Cote Smith is a young writer who grew up in Leavenworth, Kan., famous for having "more prisons than restaurants"

a county jail, a juvenile facility, a woman's prison and the most notorious of all, the milelong federal penitentiary. And it is Leavenworth, in 1988, that is the setting for Smith's debut novel.

She's Not **There Joy Fielding**

Carole and Hunter Shipley's two-yearold daughter, Samantha, vanished 15 years ago from a Mexican hotel room while her parents



had dinner in the restaurant downstairs. The novel opens on the anniversary of the disappearance, with Carole dreading the annual onslaught of media

16 Thursday, March 10, 2016 Books Metr@LIFE

Police shootings influencing crime genre

BLACK LIVES MATTER

Fiction writers taking a page from today's racial tensions

Walter Mosley, best known for Devil in the Blue Dress and other novels featuring the black detective Easy Rawlins says he has been working on a new book. It's about a former New York City policeman investigating the shooting of two officers by a black man. The investigator then learns that the officers had tried to kill the man first.

"In the end he realizes that he has to come to some kind of understanding about how the system works, that his own sense of law and justice is never going to work for him," says Mosley, who is calling the novel Detective, Heal Thyself.

The wave of police violence that helped launch the Black Lives Matter movement is also influencing a genre that captured tensions between police and non-white communities well before the rise of social media and cellphone videos.

Publishers and writers say that story lines known to readers of Mosley, Eleanor Taylor Bland or Gary Phillips, will likely become more common and intense.

"This particular issue has long and faithfully been represented in crime fiction," said Joshua Kendall, editor-in-chief

convicted.

Kendall is, however, trying to change the visibility of black writers. He has agreed to a multi-book deal with Attica Locke and says he is looking to sign up other black writers.

of the crime fiction imprint

the fiction has been over-

looked, just as the actual rate

of abuse overlooked by media

until now. That said, we need

and want more fiction about

it. The curiosity, concern and

appetite seem to have finally

But crime fiction is no more

diverse than much of the book

world and, at least in the near

future, many narratives that

take on race will likely come

from white authors such as

David Baldacci, Ben Winters

and Trudy Nan Boyce. Bal-

dacci's novel The Last Mile,

scheduled for April, tells of a

black man on death row and the likelihood he was wrongly

"It's simply that much of

Mulholland Books.

grown."

Phillips, who set his 1994 novel Violent Spring in the aftermath of the Los Angeles police beating of Rodney King, said he was hoping that younger authors such as Aaron Philip Clark and Desiree Zamorano would tell stories reflecting more recent events.

"The old days of the PI with just a file and an address and a sexy secretary are long dead," said the 60-year-old author.

"Back in the 1980s and '90s writers like me and Walter Mosley and Paula Woods pushed the envelope forward and looked at different issues. I think the younger folks will do even better pushing it forward more. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses."

"Everyone knows of Walter Mosley, and there have been other excellent black crime writers published in recent years, such as Paula Woods," says Mark Tavani, vice-president and executive editor of G.P. Putnam's Sons.

"But in my experience these writers are a small percentage of those I see. As the larger discussion about race and justice engages more people, I can see that changing." THE ASSOCIATED PRESS



Devil in the Blue Dress author Walter Mosley's latest novel centres around racism and the justice system. RICK MAIMAN/THE



The old days of the PI with just a file and an address and a sexy secretary are long dead. You have writers in this field who are going to be able to use things like Ferguson and what's happening on college campuses.

Gary Phillips, author

SOMEONE WILL MAKE ONE UP FOR YOU. INSTANT NATIONAL BESTSELLER! THE GIRL ON THE TRAIN meets THE SILENT WIFE in this taut, psychological thriller. Read an excerpt at AmyStuart.ca

Books all about music

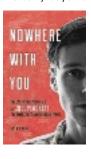
Ranging from late '90s CanCon, to tone deafness, to an NPR legend, to Kanye vs. Swift, these four new books are for the music lovers out there. TORSTAR NEWS SERVICE

Nowhere With You

Josh O'Kane (ECW, April 1)

Joel Plaskett is a Canadian music legend, and this book, subtitled The East Coast Anthems of Joel Plaskett, The Emergency and Thrush Hermit, features original interviews, exclusive photos and a look at the Haligonian's early days as

part of the band Thrush Hermit everything you need to get to know him.

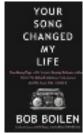


Your Song Changed My Life

Bob Boilen (HarperCollins, April 12)

For music fans, Bob Boilen is a legend — the host of NPR's All Songs Considered and Tiny Desk Concerts, he's come up with a history of mod-

ern music as told by musicians, including Carrie Brownstein, Dave Grohl, Trey Anastasio and Michael Stipe.



Bad Singer

Tim Falconer (Anansi, May 14)

A slightly different type of music title, in this one, subtitled The Surprising Science of Tone Deafness and How We Hear Music, journalist Falconer sets out to sing in public. To do so, he must overcome his lifelong affliction of tone-deaf-

ness — and that means understanding it. So get ready to take a journey into the theories, then putting them into prac-



Butcher's Hook makes for a gory debut

JANET ELLIS

From sunny kids TV show host to dark gothic novelist

Sue Carter For Metro Canada

If you grew up in the U.K. during the past five decades, it's likely that you were weaned on the iconic BBC kids program Blue Peter. It's also likely that you're familiar with its one-time presenter, Janet Ellis, who has spent her career since the age of 21 in front of the camera.

But now, at 60 years old, Ellis has found a new role as debut novelist with her book The Butcher's Hook, published in Canada with House of Anansi Press

Set in 18th-century Georgian

London, the dark, Gothic tale is not what you'd expect from a former kids' show host, or the lovely, charming woman who interrupts her sunny vacation in Lisbon to take a media call.

The Butcher's Hook follows Anne, a clever, unsentimental young woman whose sheltered but emotionally neglectful

upbringing has made her ruthlessly independent and calculating. When Anne falls in love with Fub, the butcher's son, she demonstrates, in a particularly bloody and violent way, exactly how far she'll go to get what she desires.

Ellis, who has been writing for years, says that the idea for the novel started with Anne's character.

"All I knew initially was that she was unhappy, lonely, and really shut off from the



world, and that bad things had happened to her," says Ellis, who read contemporary diaries — including her own, from the ages of eight to 16 — to authentically capture the self-occupied inner life of a "There were things happening in the world but I never worried about them," she says. "It was more about going to choir practice and there being a boy who didn't fancy me anymore."

The Georgian era, which

victorian era.

"I think I had a predilection for the Georgian times. I live in London and you can see it around the places where the Victorians didn't come in and stomp their feet loudly," she says. "Communication was just starting to build up, and most people were still uneducated. Everyone in the book acts like they do despite history, they're not informed about what's happening in the world."

When Ellis's agent first presented The Butcher's Hook, it was done so under a pseudonym, out of concern that publishers would be expecting a YA novel or a story as wholesome as Blue Peter's reputation.

Despite the anonymity, the manuscript inspired a small bidding war, which resulted in a two-book deal for Ellis (she is currently at work on a second novel, set during the 1970s.)

"I love everything I've done in the past, but the book is me," she says. "The fact that it was alone in the world on its own for a while is hugely rewarding."

Sue Carter is the editor at Quill & Quire magazine.

3

I love everything I've done in the past, but the book is me

First-time author and one-time BBC kids program presenter Janet Ellis

VIEW

Bloody good time

Bloody Mary
BY: Garth Ennis and Carlos
Ezquerra

PUBLISHER: Image Comics

Be warned: This book is not subtle. Back in print for the first time in a decade, Bloody Mary takes us to the dystopian future of 2012 (yes, really), and is an unrelenting bloodfest.

The title character, Mary Malone, is an indestructible commando assassin killing her way across fascist Europe in the name of freedom, while dressed as a nun. Just go with it.

This one's a treat for action fans, because few people write a battle scene like Preacher's Garth Ennis and nobody draws one like Judge Dredd co-creator Carlos Ezquerra. It's messy, gruesome and exciting, and, if you don't mind comic books with an utter lack of depth, really entertaining.

The best part is this material used to be scarce, because it's only been reprinted once since it was first published as part of

Published as part of the mid-'90s. It's great to see it back, even if it is a guilty pleasure. LAWSUI

Gawker boss in court over Hogan sex video

Gawker Media founder Nick Denton testified Wednesday that his gossip website decided to post a Hulk Hogan sex video because "it showed Hogan as a person."

Denton was in the courtroom Wednesday afternoon, but attorneys for Hogan played his video testimony recorded in a 2013 deposition. Denton said in the deposition that "it's up to others to determine the boundaries of accepted social, journalistic and legal norms."

Hogan and his attorneys

sent Denton a cease and desist order but Denton a cease and desist order but be n ton didn't take down the video post be cause he said he thought it was newsworthy.

Hogan, whose given name is Terry Bollea, is suing Gawker

Media for \$100 million for posting the edited video showing him having sex with his then-best friend's wife. Hogan has said he didn't know he was being filmed when the video was made.

Jurors also heard from Mike Foley, a University of Florida journalism professor. Foley questioned Gawker's decision not to contact Hogan, the woman in the video or the woman's husband when it posted the video.

Foley said in his opinion, the sex video was an example of "undue intrusiveness."

On Wednesday morning, Gawker reporter A.J. Daulerio said that when he received the Hogan sex video in the mail it was "very amusing" and that he thought it was newsworthy.

Gawker says the publication was a legitimate scoop because Hogan is a public figure who had talked openly about his sex life before, in forums such as Howard Stern's radio show.

Hogan's attorney, David Houston, was also called to the stand Wednesday. He described how he sent Gawker a cease and desist letter to take the video down, and then how the video began showing up on other websites.

"I know some like to call it viral, but in this case, it was cancer," he said.

THE ASSOCIATED PRESS





PART TIME -

dark atmosphere, also allowed

Ellis to create a world for Anne

in which gender and class div-

ides ruled the day, but without

the broader political or social

influences that would have

dominated, for instance, the

12 weeks (36 hours in class and 36 hours online)

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April 12 to July 2, 2016

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18 Thursday, March 10, 2016 Music | metr@LIFE

Playlist: What these authors are listening to

While no two authors are alike, and while some can write only in silence, others rely on the power of music for inspiration. Here is a sampling of what some of your favourite authors are listening to as they write their next bestseller. Torstar News Service



"When I take a break, even if it's just 10 or 15 minutes to get a snack or lie on the floor or something. that's when I listen to music. It becomes part of the routine," says

memoirist turned thriller writer Iain Reid. His fiction debut, I'm Thinking of Ending Things, will be released this summer.

Lee Morgan — Since I Fell For Metz - Rats

Nap Eyes — Dreaming Solo Lay Low — Little by Little

Thelonious Monk — Ruby, My

Basia Bulat — From Now On The Flamingos — I Only Have **Eves For You**



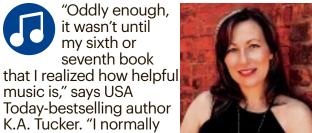
Critically acclaimed author Lauren B. Davis (Our Daily Bread, Against a Darkening Sky) says music helps her "drop down into the gut place where the best writing

comes from. When I'm trying to settle into the page — those first tentative, terrifying steps — I rely on music without words to help me dream with eyes open."

Ludovico Einaudi — 36 Song Golden Collection Olafur Arnalds and Alice Sara

Ott — The Chopin Project

Ralf Hildenbeutel — Lucy's Dream Stars of the Lid - Carte-de-



music is," says USA Today-bestselling author K.A. Tucker. "I normally pick one of these songs

it wasn't until

my sixth or seventh book

depending on mood of the scene, and put it on repeat. It becomes background noise for me and helps me get the mood right."

Ed Sheeran — Kiss Me Sia - Alive Ray LaMontagne — Burn Birdy — Shelter Chris Stapleton — Whiskey

and You Halsey — Haunting X Ambassadors — Unsteady Thomas Rhett — Die a Happy



Best Laid Plans). His playlist, he says "is a little Baroque-heavy" but not entirely.

Respighi — Ancient Airs and **Dances** Bach — Brandenburg Concertos Handel - Water Music

Holst — The Planets Dvorak - New World Symphony Beethoven - Sixth and **Seventh Symphonies**

THE FIFTH BEATLE

4 ways George Martin impacted pop culture

You may not recognize his name, but you'll recognize producer George Martin's sound. The man who brought the world the Beatles revolutionized modern music in more ways than we realize. Martin has died, his management said Wednesday. Here are four contributions from Martin's 90-year life:

1 The Beatles

His most obvious, lasting accomplishment (though not the only musicians he managed). He signed John, Paul, George and Ringo in the early 1960s and transformed them into the legendary Fab Four. Their albums became art forms, reaching listeners on all continents and exploring new recording techniques. Their relationship, too, broke new ground: The performers gradually took the upper hand over their producer, composing their own material in an era when that was rare, while he translated their vision into top-selling hits.

2 Multi-track recording

With the multitude - or cacophony — of musical possibilities today, it's hard to imagine a time when music was recorded on

ging multiple-track technology to experiment with the Beatles, producing a new kind of music that could only be made in a studio. Different sounds and instruments could be layered, each one adjusted and cleaned up, accelerated or reversed. From the two-track Please Please Me in 1963 to the eight-track Hey Jude, Martin expanded what was expected.

3 Comedy records

Martin helped bring smiles to living rooms around the English-speaking world by pioneering the comedy album in the 1950s, working with Peter Sellers, Spike Milligan and others. He told BBC radio in 1982 that as a young producer at Parlophone, "because we had no American imports, I had to find my own way of making hit records. (Comedy) was my way of getting in between the cracks."

4 James Bond music

Action films didn't enjoy charttopping theme songs until the 1960s. Martin helped produce Shirley Bassey's Goldfinger in 1964 and later scored McCartney's Live and Let Die in 1971.



Paul McCartney, George Harrison, Ringo Starr, George Martin and John Lennon in 1963. GETTY IMAGES

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CANADIAN FILM INDUSTRY

True North strong and filmable

This week, the Canadian film and television industries will celebrate outstanding achievements at the Canadian Screen Awards (airing Sunday night on CBC).

Many TV shows shot in Canada, despite their merits, are not eligible. These are the so-called 'service" shows, programs made by American networks and studios and shot in cities such as Vancouver (where Supernatural and The Flash are produced for the CW), Calgary (FX's Fargo) and Toronto (FX's The Strain).

Toronto is also home to Man Seeking Woman, which airs on FXX Canada. The outrageous

comedy stars Jay Baruchel as hopeless nerd Josh who has no luck with the ladies.

Born in Ottawa and raised in Montreal, Baruchel is an exception to the rule. He's a Canadian starring in an American series shooting in Canada. While Man Seeking Woman was created by and is executive produced by an American, Simon Rich, the show boasts a largely Canadian crew as well as many Canadian actors in supporting roles.

"I always beat the drum to hire as many locals as we can but I don't need to tell them that," 33-year-old Baruchel says

speaking with reporters at the TV networks' press tour in Pasadena, Calif., in January, "they know."

Besides the great crews and low Canadian dollar, Rich, 31, says there are two other important reasons to shoot his show in Toronto. "From a casting perspective," he says, "you can find a lot of talented people but also it's very important that there are so many ethnicities represented in Toronto," he says. "You can actually cast a wide net, and it looks like the real world.

The second thing, says Rich, is we're excited by the esthetic of the city." THE CANADIAN PRESS

metrLIFE | Entertainment Thursday, March 10, 2016 19

Louis Vuitton's 2016-2017 fall/winter ready-to-wear

collection seemed inspired by '90s motorbike jackets. ALL PHOTOS GETTY IMAGES

Louis Vuitton show cuts a strong shape in Paris

The stars were on hand for the latest runway collection

Still basking in the media spotlight since her acclaimed performance in The Danish Girl, all eyes were on Oscar winner Ålicia Vikander at Louis Vuitton's star-filled show Wed-

Vikander wowed the fashion media at Vuitton on Wednesday morning in a pared down, geometric Nicolas Ghesquiere look that proved that less is more.

With natural makeup and a sleek blowout, the 27-yearold Swedish actress rocked a navy statement coat with cream bands and cropped pants.

The look's geometry perfectly mirrored the Louis Vuitton Foundation backdrop as she posed for photos — with its figurative angular glass, wood and metal architecture, designed Ğehry.

Joining her in the front row was fellow Oscar winner Jennifer Connelly and Selena Gomez (pictured right). Ghesquiere produced one of his

most accomplished Vuitton collections to date Wednesday with 52 creative looks brimming with colour and energy.

Alongside the giant reflective disco-ball column decor, a model with huge '80s hair opened the show with a fresh silhouette that recurred throughout: a strong-shouldered coat truncated under the bust in bolero style.

It cut a great shape, and led on to some very creative explorations of form like corset styles with large exaggerated

Ghesquiere is a sports fan. Here, the signature sportswear styles were subtly evoked on looks that seemed in-spired by '90s motorbike jackets.

Flashes of red, white and blue stripes graced sheeny tight-fitting leather

jackets. And in one of the more interesting looks - the normally-harsh biking

stripes appeared as a contradiction on a fluffy woollen sweater that called out to be hugged.

This varied collection will broaden the house's appeal from the overly young looks that characterized the French designer's debut.

THE ASSOCIATED



Flashy Mui Mui transforms the ordinary

Hip hop star A\$AP Rocky joined actress Chloe Sevigny on the Miu Miu front row Wednesday. This season, Miuccia Prada's ever-thought-provoking show took ordinary items – like denim jeans, jodh-

purs or boho print - and transformed them into historical styles. Prada saw that a long tweed jacket sported a 1900s Empire Line — thanks to a contemporary red

and white fauxfur belt. Only a design master like the 66-yearold Italian could pull something like this off, and with

THE ASSOCIATED PRESS

IOHANNA SCHNELLER WHAT I'M WATCHING

Bad blood between family

THE SHOW: Bloodline, Season 1, Episode 8 (Netflix) **THE MOMENT: The phone**

Two brothers drink in a bar in the Florida Keys, where they grew up, and still live. Responsible brother John (Kyle Chandler, always so natural) once betrayed ne'er-do-well Danny (Australian star Ben Mendelsohn), but they're reconciling. Or so we think.

John, dead drunk, checks out a hot blonde. "How many years have you been f—ing the same woman now?" Danny asks genially, but with a knife-edge

"That's not funny," John replies. Beat. "17." They laugh. Slowly, subtly, Danny poisons

the evening. Did John know that Danny and John's wife once "had a moment?" Is John jealous of how easily Danny picks up women?

As John watches, Danny approaches the blonde, gets her number. Then he comes back and slips it into John's pocket. "You never know when you're going to need it," he purrs.

Oooohhhh. In just a few episodes, Mendelsohn, the best actor you may not have heard of,



Mendelsohn plays a self-destructive sibling in Bloodline, one willing to drag family members down with him. CONTRIBUTED

has made Danny into a TV antihero right up there with Tony Soprano and Walter White. He's the cat and we're the canary. One minute, he'll show us why he is the way he is, and get us to empathize with him. The next he'll pounce, grin full of feathers.

The other Rayburn siblings · Kevin (Broadway staple Norbert Leo Butz) and Meg (Linda Cardellini) — are equally fantastic. Together they elevate every scene until, like sunburn, it both sizzles and chills.

Gators may lurk in this paradise, but Bloodline proves there's nothing more dangerous than a volatile family member.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.







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Everyone in the Poole in Stittsville

Project overview

chased homes at Poole Creek in Stittsville can expect to move in this month. Future buyers can tour a number of model homes to choose the best fit. The neighbourhood has been designed by Tartan Homes to house 450 families, a large park and elementary school.

Housing amenities

All models are Energy Star qualified, and are designed with bright, spacious rooms and either finished basements or builtin storage downstairs. The Craftsman-inspired houses come in numerous designs, and are built on varying size lots. The single homes have double car garages while the semis have a two-storey single car garage.

In the neighbourhood

Poole Creek is located in Stittsville, but is also minutes away from Kanata. In the area, Walter Baker Park and the Trans Canada Trail offer outdoor activities. Local arenas and public pools are also nearby. There are many options for entertainment, including Landmark Cinemas 24 Kanata, the Canadian Tire Centre and the Ron Maslin Playhouse.

Location and transit

Located just a few minutes away from Hwy 417 and serviced by regular bus routes, it's easy to commute downtown. There are also two park and rides nearby. The area also has several grocery stores and malls - including the new Tanger Outlets — and plenty of family-friendly restaurants.

ILANA REIMER/FOR METRO

NEED TO KNOW

What: Poole Creek in Stitts-

Builder: Tartan Homes **Designer:** Tartan Homes Location: Off Maple Grove

Building: Singles, bungalows and semi-detached homes

Sizes: 1,381 square feet to

3,610 sq. ft.

Pricing: \$353,900 and up Model: Two to four bedrooms, 2.5 to three bath-

Status: Now selling **Sales centre:** 1862 Maple Grove Rd., Stittsville

Phone: 613-435-5491 Website: tartanhomes.com

Poole Creek in Stittsville



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Ontario keeps it in house

Howard rink icing pair of father-son combos

It was a family affair at the Tim Hortons Brier on Wednesday.

Ontario alternate Joey Hart made his national men's curling championship debut in a 9-4 win over Prince Edward Island's Adam Casey. The TD Place crowd let out a big cheer when Hart

left the bench

area to join his

father, Richard

Hart, and

teammates

Glenn and

Scott Howard

nothing like

it," a grinning

Joey Hart

said after the

game. "To

play in a Brier

is one thing,

to get to play

with your dad

is pretty cool."

It was the

"There's

on the ice.

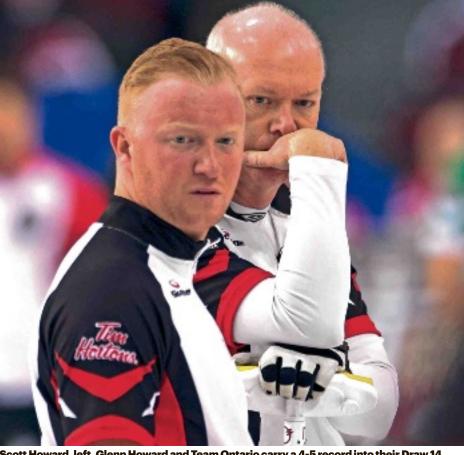




Richard, top. and Joev Hart THE CANADIAN PRESS

first time that Hart had curled with his father in a competitive setting. With the game well in hand, the 18-year-old opened the eighth and final end by delivering a smooth throw that caught a touch of the button.

Joey said his dad weighed in with some advice before he stepped into the hack. "'Don't hog it.' And then after-



Scott Howard, left, Glenn Howard and Team Ontario carry a 4-5 record into their Draw 14 matchup against Saskatchewan on Thursday morning. ADRIAN WYLD/THE CANADIAN PRESS

wards he said when I was sweeping, 'Don't burn it,'" Joey said, referring to a pair of violations he managed to avoid. "That's all you've got to do. Then just smile pretty for the photos.'

Second Adam Spencer, who is filling in for vice-skip Wayne Middaugh while he recovers from a broken leg, took a break so Hart could make his debut.

It was the first time in Brier history that two father-son duos were in the same on-ice lineup, a Curling Canada spokesman said.

"That was the fastest my heart

was racing the whole (week) was filling that form out to get Joey in the game and then watching him throw those first two rocks," Middaugh said. "That's fantastic and to me, that's the type of thing that Brier memories are made of.



To have a chance to play with my son is surreal and then to bring out Joey to play with Rich — the father-son act — it was pretty special.

Glenn Howard

"And for Rich, that's the treat of a lifetime."

The Ontario team's playoff chances took a hit Wednesday afternoon when Howard dropped a 6-4 decision to Northern Ontario's Brad Jacobs, the lone unbeaten skip at 7-0. Howard fell to 4-5 and will need to win his last two round-robin games and hope it's enough to get into a possible tiebreaker game.

Brad Gushue of Newfoundland and Labrador was alone in second place at 6-1 after topping Canada's Pat Simmons 7-3 in the morning. Simmons bounced back in the afternoon with a 6-4 victory over New Brunswick's Mike Kennedy.

In the other Draw 12 games, Alberta's Kevin Koe topped Quebec's Jean-Michel Menard 9-4 and Manitoba's Mike McEwen shaded Saskatchewan's Steve Laycock 6-5.

Entering the evening draw, McEwen was in third place at 5-2, Koe was fourth at 6-3 and Simmons was next at 5-4. Menard was 3-4 and Laycock joined Howard at 4-5.

THE CANADIAN PRESS

IN BRIEF

NHL ends Kane probe

The NHL has closed its investigation into forward Patrick Kane, saying a sexual assault allegation made against the star Chicago Blackhawks forward last year was unfounded.

Kane was investigated by police last year following an alleged rape at his home near Buffalo, N.Y., but prosecutors in November declined to file charges because of a lack of credible evidence. THE CANADIAN PRESS

Coyotes blue-liner banned 20 games for PED use

Arizona Coyotes defenceman Jarred Tinordi has been suspended 20 games without pay for violating the terms of the NHL and NHL Players' Association joint performance enhancing substances program.

Tinordi was acquired by the Coyotes in January in a trade that sent enforcer John Scott to Montreal. He has 12 penalty minutes in seven games with the Coyotes this season. THE CANADIAN PRESS

NASCAR CEO faces fallout from Trump endorsement

When Brian France endorsed Donald Trump for president, the chairman and chief executive of NASCAR thought of it as nothing more than a "routine endorsement."

He's been dealing with the fallout ever since.

The endorsement has threatened a decade of work to broaden NASCAR's appeal among minorities and risked a break with the corporate sponsors that are its financial lifeblood. THE ASSOCIATED PRESS

Harvey moves up in Ski **Tour Canada rankings**

Norway's Martin Johnsrud Sundby won the Ski Tour Canada's 30-kilometre skiathlon Wednesday at the Canmore Nordic Centre, while Canada's Alex Harvey was seventh and regained an overall ranking of fourth

The skiathlon was the sixth of eight races in the tour which concludes the 2015-16 World Cup season.

Melnyk seeking \$145M in lawsuit

The owner of the Ottawa Senators has begun legal proceedings against a drug company that he alleges has been mismanaged to the detriment of shareholders, including him-

A notice of action was filed in Toronto against Acerus Pharmaceuticals Corp. of Mississauga, Ont., by Eugene Melnyk, who had been head of one of Canada's largest drug companies before he bought the NHL team.

He's seeking \$145 million

Public records show that as of Jan. 6, Melnyk owned about 29.3 million shares of Acerus or about 14.6 per cent of the total

alleging breach of fiduciary duty, plus other monetary and non-monetary compensation. THE CANADIAN PRESS



IN BRIEF

Osweiler reportedly signs with Texans

A person familiar with the negotiations says the Houston Texans have agreed to a multiyear contract with free agent quarterback Brock

Osweiler appeared in eight games with seven starts last season for the Super Bowl champion Broncos. He threw for a career-high 1,967 yards and 10 touchdowns with six interceptions last season. THE ASSOCIATED PRESS

Meldonium 'is not doping': Inventor

the performance of athletes, the Latvian scientist who invented the drug at the centre of Maria Sharapova's doping case said.

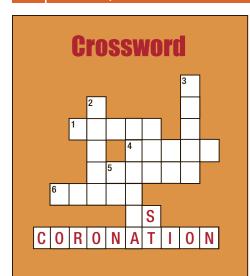
Ivars Kalvins said that the drug "is not doping," but added it does protect athletes against heart damage during extreme physical exercise.

If the heart is working very hard, the drug "protects the heart cells ... against ischemia," a blood circulation



Maria Sharapova GETTY IMAGES

condition, Kalvins said. "This is not the same as increase of performance." THE ASSOCIATED PRESS



🚹 OMG: IKEA'S BILLIONAIRE FOUNDER A FAN OF FLEA MARKETS

Frugal billionaire Ingvar Kamprad, founder of Ikea, buys his clothes at flea markets to save money, he said in a documentary to be broadcast Wednesday on Swedish television.

Kamprad, who turns 90 on March 30, has a reputation for penny-pinching, which he claims helped Ikea to become one of the world's top brand names.

"I don't think I'm wearing anything that wasn't bought at a flea market. It means that I want to set a good example," he told Swedish channel TV4, according

to business daily Dagens Industri which viewed the documentary.

"It's in the nature of Smaland to be thrifty," he said, referring to Sweden's southern agricultural region where he comes from.

Kamprad is estimated to have an accumulated fortune of about 610 billion kroner (about 65.5 billion euros, \$96.6 billion CAD), according to recent Swedish media reports. But it is difficult to separate what belongs to him, what belongs to his children and what is held in a family foundation in one of Europe's most infamous tax havens, Liechtenstein.

In 2006, the American business magazine Forbes listed him as the fourth richest person in the world.

Kamprad's modest spending habits have made headlines over the years. In 2008, he told newspaper Sydsvenskan that a 22euro bill in the Netherlands had broken his barbering budget.

"Normally, I try to get my hair cut when I'm in a developing country. Last time it was in Vietnam," Kamprad explained, AFP

ACROSS

- 1. The ____ Never Stops
- 4. When your ex-boyfriend has intimate photos of you
- 5. When you send your ex-boyfriend to jail for blackmail
- 6. When your ex-boyfriend gets out of jail

- 2. When your brother gets your ex-boyfriend fired
- 3. When your ex-boyfriend comes for revenge
- 4. Weeknights at 7:30 on CBC

* IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20 Life may be challenging but you can make things easier on yourself by not taking it too seriously. Look at the bigger picture: one hundred years from now what will any of it matter?

Taurus April 21 - May 21 The Sun in the friendship area of your chart urges you to get together with people who share your outlook on life. You'll have fun and find ways to make the world a better place.

Gemini May 22 - June 21 Some Geminis are ambitious and some are not but all Geminis like to be noticed. Today will give you the opportunity to step into the spotlight. Unveil your special talent and put on a show.

Cancer June 22 - July 23 If you feel stuck in the same old place, with the same old people, doing the same old things then it's time to break free. A vacation is a good idea, but if you cannot travel right now you can start making plans.

Leo July 24 - Aug. 23 What matters most to you in life? Is it money? Success? Creative fulfilment? Whatever the answer to that question may be you have to make it central to what you are doing.

W Virgo Aug. 24 - Sept. 23 Look back over the past six months at the progress you've made. Most likely you've come a long way but there is still further to go before your aims. Keep striding.

Libra Sept. 24 - Oct. 23 With the Sun moving through the wellbeing area of your chart you need to slow down. If your body is giving you signals that it could use a rest you must heed the warning.

Scorpio Oct. 24 - Nov. 22 There's a spring in your step and a smile on your face. Recent events may have been tough but everything is coming easy to you now. There's no limit to how far you can go.

Sagittarius Nov. 23 - Dec. 21 You like to keep your standards high but sometimes you can expect too much of yourself. Today's cosmic influences suggest that you need to let go of unrealistic expectations, both of yourself and others.

Capricorn Dec. 22 - Jan. 20 Think positive and believe that everything will work out for the best — and it will. Nothing is so bad that it cannot be improved by the way you choose to deal with it.

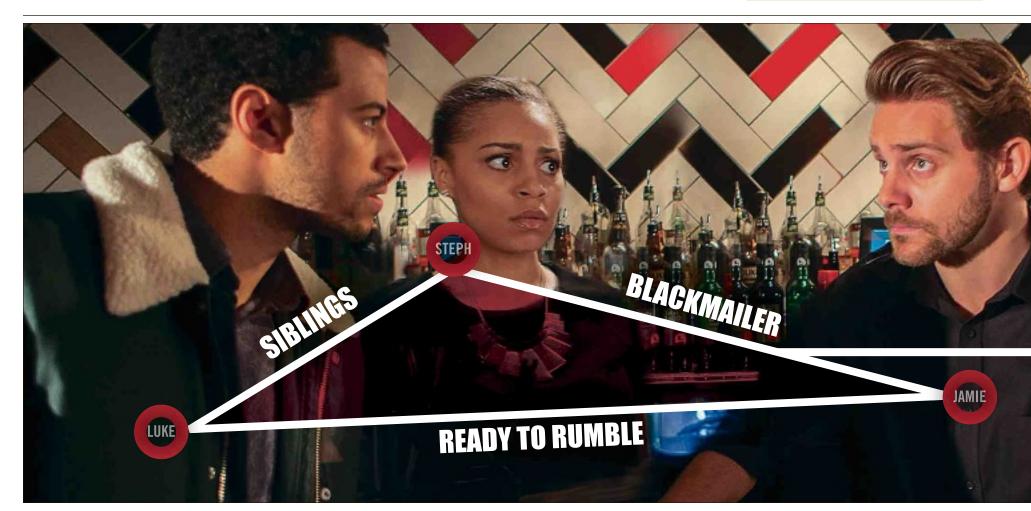
Aquarius Jan. 21 - Feb. 19 Life moves in cycles and the cycle you are going through at the moment may be a bit disruptive, but it's really no big deal. You have handled far bigger challenges in the past and will do so again in the future.

Pisces Feb. 20 - March 20 The positive effects of yesterday's eclipse will linger for a few days, so get out and show the world what you can do. By the end of the week you'll look, feel and act like a new person.

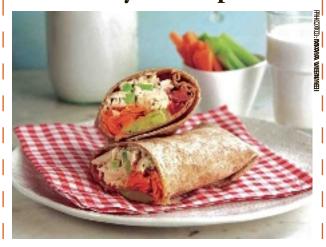
CONCEPTIS SUDOKU by Dave

Every row, column and box contains 1-9

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RECIPE Fancy Tuna Wrap



Ceri Marsh & Laura Keogh For Metro Canada

Do you already know this day is going to run late? No worries, tonight's dinner is going to be on your plate in 10 minutes. It's a wrap, but with protein, veggies and a grain, it's also a perfectly complete meal.

Ready in

Prep time: 5 minutes Total time: 10 minutes

Serves 2

- Ingredients
- •1 can tuna, packed in water (5 oz) •1 stem of celery, chopped fine
- 3 or 4 cherry tomatoes, chopped
- •1 or 2 Tbsp mayonnaise
- 2 tortillas

 1 carrot, grated • 1/2 avocado, sliced

Directions

1. In a bowl, mix tuna, celery, tomatoes and mayonnaise.

- 2. Lay your tortillas on a work surface. Spoon a stripe of tuna mixture down the middle of each tortilla. Now lay down a strip of the grated carrot, right next to the tuna. Place slices of avocado right next to the carrot.
- 3. Wrap one side of the tortilla over the other. Now tuck in the sides and keep rolling so everything is snuggly inside.
- 4. Slice the tortilla in half and serves with a side of mixed greens.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down BY KELLY ANN BUCHANAN

15

51

60

18

42

61

45

ACROSS

1. D-Day beach 6. Mel's Diner waitress 9. "Rock You" Canadian hard rock band 14. Cheque recipient 15. Knock 16. Architectural arch 17. Domains 18. Goat's hair garment 19. Monsters 20. Cartoon series for one-sibling-bornin-Canada production company Warner Bros.: 2 wds. 23. Happy dance 24. Giant's ickypoo 25. Canadian _ Awards (Sunday, March 13th, 2016 on CBC) 29. Emergency transport at sea 34. Checkmate game 35. Celebrations 36. Seven, fancystyle

37. Bewitched

39. Faxed

40. Operate

41. Barbarians

42. Infectious

45. Spunk

47. Swerve

43. Operatic sing-

46. Amer. currency

spinning creature on

ing style: 2 wds.

49. Ferociously-

38. Wishful person

37

40

43

58

#20-Across: 2 wds 56. Mediterranean island 57. HS subject 58. Sphere 59. Not at all pleased . 60. Mr. Frehley of Kiss

61. Mr. Macdonald, and namesakes (Host of #25-Across) 62. Polynesian language 63. 'P' in MPH 64. Musical qualities

41

DOWN

48

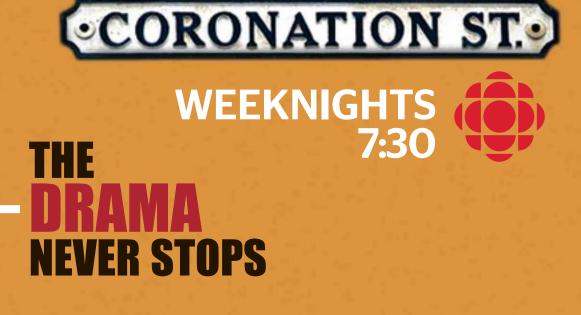
1. Canned meat 2. 'Soft' suffix (Computer-user's purchase) _ and terminer

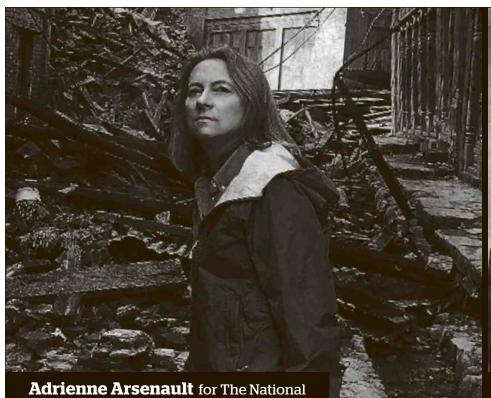
4. Bring up 5. Gowan hit: "Moonlight _

53 tation 45. Guys petizer 6. Entrap 7. Quebec's nickator Mr. Yip name: 3 mots 54. "I've Got the 8. Gem of Australia 9. They have draw-Music ___" by The Kiki Dee Band strings whilst basic sweatshirts don't 55. Miss, in Glas-10. Yolky/shelly gow 56. Silent more-y

11. Read: French 12. Burl of "East of Eden" (1955) 13. Letters like the last letter of #9-Across' answer 21. Verse-writer's 'dusk' 22. Bid 25. Scour 26. Comic actor Chevy 27. Force back 28. "C'_ la vie!" 30. 'Favour' suffixes 31. Deflect 32. Important exam 33. Deed 35. $_$ the bill 38. Auto company 39. Obedience training basic command 41. Long-grain rice variety 42. Rich in vege-44. 'Last Stand' commander at the Battle of Little Biahorn 48. Enthusiastic 49. Spanish ap-50. Moreover 51. _ tide 52. Slangy suffix to 'Stink' 53. Celebrity decor-











Investigates

